Welcome to St. Luke Cedar Hill

First Sunday in Lent March 9, 2025 – 10 am Holy Eucharist



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We acknowledge that we gather with respect on the traditional territories of the lekwenen peoples, known in our day as the Esquimalt and Songhees Nations, the traditional custodians of these lands.

We are grateful for their hospitality.

Art on the Front Page:

Kramskoĭ, Ivan Nikolaevich, 1837-1887. Christ in the Wilderness Original source:

http://commons.wikimedia.org/wiki/File:Kramskoi_Christ_dans_le_d%C3%A 9sert.jpg.

Music selections

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Prelude (Please be seated.)

Welcome, Introduction, and Blessing of the Food Collected for "The Mountain of Love". (The Rev. Daniel Fournier)

Please stand as you are able.

Opening Hymn: CP 175 Forty Days and Forty Nights

(tune: Heinlein)

Priest: The grace of our Lord Jesus Christ,

and the love of God.

and the fellowship of the Holy Spirit,

be with you all.

All: And also with you.

Invitation to Confession

Priest: Trust. Trouble. Temptation.

The Israelites remembered and trusted in God's constant,

guiding presence and gave back to God

the first fruits of the land.

The psalmist trusted God would be present

in times of trouble.

Jesus survived temptation in the desert, only by trusting in God.

In whom or in what do we place our trust when we are troubled and tempted?

As we have now entered into this holy season of self-examination and repentence, let us take account of our own missteps in our faith journey, search our hearts and confess to our merciful God our sins.

Silence is kept.

Priest: Holy God,

All: Giver of light and grace,

we have sinned against you and against our neighbour, in what we have thought, in what we have said and done. through ignorance, through weakness, through our own deliberate fault. We have wounded your love, and marred your image in us. We are sorry and ashamed, and repent of all our sins. For the sake of your Son Jesus Christ, who died for us. forgive us all that is past; and lead us out from darkness to walk as children of light. Amen.

Absolution

Priest: May the Father of all mercies

cleanse *you* from your sins, and restore *you* in his image

to the praise and glory of his name, through Jesus Christ our Lord.

All: Amen.

Collect of the Day

Priest: The Lord be with you.

All: And also with you.

Priest: God of the wilderness,

your Spirit leads us to face the truth,

unprotected and exposed:

in our times of trial

help us to resist the worship of empty power,

so that we may find our true food in Jesus Christ, the broken bread.

All: Amen.

Please be seated.

The Liturgy of the Word

FIRST READING: DEUTERONOMY 26: 1-11

Reader: A reading from the Book of Deuteronomy.

At the end of the reading:

Reader: Word of God, Word of Life.

All: Thanks be to God.

PSALM 91: 1-2, 9-16

Response: He shall give his angels charge over you.

He who dwells in the shelter of the Most High, abides under the shadow of the Almighty. He shall say to the Lord, "You are my refuge and my stronghold, my God in whom I put my trust." *(Response)*

Because you have made the Lord your refuge, and the Most High your habitation. There shall no evil happen to you, neither shall any plague come near your dwelling. *(Response)* For he shall give his angels charge over you, to keep you in all your ways.

They shall bear you in their hands, lest you dash your foot against a stone. (Response)

You shall tread upon the lion and adder; you shall trample the young lion and the serpent under your feet.

Because he is bound to me in love, therefore will I deliver him; I will protect him, because he knows my name.

He shall call upon me, and I will answer him; I am with him in trouble; I will rescue him and bring him to honour. (Response)

With long life will I satisfy him, and show him my salvation. (Response)

SECOND READING: ROMANS 10: 8b-13

Reader: A Reading from the Letter of Paul to the Romans.

At the end of the reading:

Reader: Word of God, Word of Life.

All: Thanks be to God.

Please stand as you are able.

<u>Gradual Hymn: VU 115 Jesus, Tempted in the Desert</u> (tune: Beach Spring)

Jesus, tempted in the desert, lonely, hungry, filled with dread.

"Use your power," the tempter tells him, "turn these barren rocks to bread!"

"Not alone by bread", he answers, "can the human heart be filled.

Only by the Word that calls us is our deepest hunger stilled!"

Jesus, tempted at the temple,
high above its ancient wall:
"Throw yourself from lofty turret;
angels wait to break your fall!"
Jesus shuns such empty marvels,
feats that fickle crowds request:
"God, whose grace protects, preserves us,
we must never vainly test."

Jesus, tempted on the mountain by the lure of vast domain:
"Fall before me! Be my servant!
Glory, fame, you're sure to gain!"
Jesus sees the dazzling vision, turns his eyes another way:
"God alone deserves our homage!
God alone will I obey!"

When we face temptation's power, lonely, struggling, filled with dread. Christ, who knew the tempter's hour, come and be our living bread. By your grace, protect, preserve us lest we fall, your trust betray. Yours, above all other voices, be the Word we hear, obey.

THE GOSPEL: 4: 1-13

Reader: The Lord be with you.

All: And also with you.

Reader: The Holy Gospel of our Lord Jesus Christ

according to Luke.

All: Glory to you, Lord Jesus Christ.

At the end of the gospel:

Reader: The Gospel of Christ.

All: Praise to you, Lord Jesus Christ.

Homily: The Rev. Daniel Fournier

Anthem: Jesus in the Desert by P.J. Parker

An Affirmation of Faith: (New Zealand Prayer Book)

Priest: Let us declare our faith in God:

All: You, O God, are supreme and holy.

You create our world and give us life.

Your purpose overarches everything we do.

You have always been with us.

You are God.

You, O God, are infinitely generous, good beyond all measure.
You came to us before we came to you.
You have revealed and proved
your love for us in Jesus Christ,
who lived and died and rose again.
You are with us now.
You are God.
You, O God, are Holy Spirit.
You empower us to be your gospel in the world.
You reconcile and heal; you overcome death.

You are our God. We worship you. Amen.

Prayers of Intercession

Sitting, standing or kneeling, as is your custom.

God of grace, you are our Judge and our Hope.
Transform us with your love
and harness our energy for your purposes in the world
into which Christ came and for which he died.
Hear us as we pray for the world,
the church and our community:

In the Worldwide Cycle of Prayer, we pray today for the Anglican Church of Canada, The Most Revd Anne Germond, Acting Primate. Locally we pray for Anna, our Bishop, and for the Parish of Salt Spring Island, and their Priest, Juli Mallett. We also pray for Lutheran Church of the Cross and Pastor Lyndon, and for the Diocese of Kootenay and Bishop Lynne McNaughton.

We pray for your creation, staggering under the demands of human activity and expectation. May this planet be held in reverence in every culture. Where we are tempted to use resources carelessly, where human lifestyles endanger homes and habitats of other peoples or other species, where immediate gain tempts people to give no thought for the future, send your wisdom to guide citizens and decision makers to act responsibly.

God, in your mercy.

All: Hear our prayers.

We pray for relationships tested by conflicts and the lack of mutual understanding Where families are tempted to nurse grudges and harbour complaints, where friendships have been wounded by misunderstanding or neglect, where workplace tensions have arisen over clashing opinions or exhausting demands, send your reconciling and restoring mercy.

God, in your mercy.

All: Hear our prayers.

We pray for the world filled with increasing threats and conflicts. Where countries are torn by unrest and persecution, where communities are diminished by prejudice and discrimination,

where those with power and authority degrade or dismiss their critics, empower those who work for just solutions and advocate for the powerless.

God, in your mercy.

All: Hear our prayers.

We pray for all who are troubled and find it hard to face uncertain times, we pray for those who face illness or loss of any kind, for those challenged by economic hardship, and for those faced with the reality of death, their own or of someone dear. In silence, we name those on our hearts this day:

Keep a time of silence for about 30 seconds.

Embrace each one with your compassion and courage.

God, in your mercy.

All: Hear our prayers.

Even as we remember the many challenges around us, we give you thanks for the blessings we know, for moments of pleasure, for laughter shared, for conversations that brightened a day. Thank you for your steadfast love and the comfort we draw from your presence with us in all things.

We ask all these things through Christ Jesus,

All: Amen.

Invitation and Peace (Please stand as you are able.)

Priest: The table of bread and wine is now to be made ready.

It is the table of company with Jesus and with all those who love him.

It is the table of sharing with the poor of the world,

with whom Jesus identified himself.

It is the table of communion with the earth

in which Christ became incarnate.

So, come to this table, you who have faith and you who would like to have more.

You who have been to this sacrament often, and you who have not been for a long time.

You who have tried to follow Jesus, and you who have failed.

Come. It is Christ who invites us to meet him here.

As we prepare to come to the table let us exchange a sign of peace with one another.

Priest: The peace of the Lord be always with you.

All: And also with you.

The Liturgy of the Eucharist

Offertory Hymn: CP 614 Forgive Our Sins As We Forgive

(tune: Detroit)

The Preparation of the Table

Prayer over the Gifts

Priest: God our refuge and our strength,

receive all we offer you this day,

and through the death and resurrection of your Son

transform us to his likeness. We ask this in his name.

All: Amen.

Eucharistic Prayer

[Source: Prayer is modeled on one found in the Apostolic Tradition of Hippolytus (early third century) Published in A New Zealand Prayer Book, 1989 Anglican Church in Aotearoa, New Zealand and Polynesia]

Priest: May God be with you.

All: And also with you.

Priest: Lift up your hearts.

All: We lift them to the Lord.

Priest: Let us give thanks to the Lord our God.

All: It is right to give our thanks and praise.

Priest: We give you thanks, O God,

through your beloved servant Jesus Christ, through whom you have created all things.

By the power of the Holy Spirit
Christ was born of Mary,
and shared our human nature.
With loving arms outstretched upon the cross for us,
Jesus broke the chains of evil and destruction.
By the resurrection your will was fulfilled
and you gathered a holy people to offer you praise.
Now with all creation we raise our voices
to proclaim your glory, as we sing:

(From Common Praise # 719):

All: Holy, holy, holy Lord,
God of power and might,
heaven and earth are full of your glory.
Hosanna in the highest,
Blessed is he who comes
in the name of the Lord.
Hosanna in the highest,
hosanna in the highest.

Congregation may sit or kneel at this time.

Priest:

To you indeed be glory, almighty God, because on the night before he died, your Son, Jesus Christ, took bread; when he had given you thanks, he broke it, gave it to his disciples, and said: Take, eat, this is my body which is given for you; do this to remember me.

After supper he took the cup; when he had given you thanks, he gave it to them and said: This cup is the new covenant in my blood poured out for you; do this as often as you drink it to remember me.

God of hope and joy, we thank you for counting us worthy to stand in your presence and serve you. With this bread and this cup we proclaim the mystery or our faith:

All: Christ has died, Christ is risen, Christ will come in glory.

Therefore, loving God, recalling now Christ's death and resurrection, we ask you to accept this our sacrifice of praise.

Send your Holy Spirit upon us and our celebration, that we may be fed with the body and blood of your Son and be filled with your life and goodness. Strengthen us to do your work, and to be your body in the world.

Unite us in Christ and give us your peace. May we praise you and give you glory through your First-born, Jesus Christ.

Through Christ, with Christ, and in Christ, with the Holy Spirit, in your holy Church, we worship you, O God, in songs of everlasting praise.

All: Amen. (Sung 3 times - From Common Praise # 721)

The Lord's Prayer (Please stand as you are able.)

AII:

Priest: In the words that our Saviour taught us, we pray:

Our Father in heaven,
hallowed be your name,
your kingdom come,
your will be done,
on earth as in heaven.
Give us today our daily bread.
Forgive us our sins
as we forgive those who sin against us.
Save us from the time of trial,
and deliver us from evil.
For the kingdom, the power,
and the glory are yours,
now and for ever.
Amen.

All: O Lamb of God, you take away the sins of the world;
Have mercy on us, Lamb of God,

and grant us your peace.

The Giving of Communion

Priest: God's holy gifts for God's holy people.

All: Thanks be to God.

Please follow the directions of the sidespeople as the congregation is invited to come forward to receive the bread and wine.

If you would prefer not to receive communion, please come forward for a blessing. Crossing your hands over your chest will signal the priest to give you a blessing instead.

NOTE: Gluten free wafers are available on request.

Please remain seated as we sing the hymn during communion.

Hymns during Communion:

CP 176 By the Holy Spirit Sent

(tune: Lew Trenchard)

CP 531 You Who Dwell in the Shelter of the Lord

(tune: On Eagles' Wings)

Prayer after Communion (Please stand as you are able.)

Priest: Faithful God,

in this holy bread

you increase our faith and hope and love.

Lead us in the path of Christ who is your Word of life.
We ask this in his name

All: Amen.

Priest: Glory to God

All: whose power, working in us,

can do infinitely more

than we can ask or imagine.

Glory to God,

from generation to generation, in the Church and in Christ Jesus,

For ever and ever. Amen.

Announcements (Please be seated.)

Blessing (Please stand as you are able.)

Priest: Go now, and live in the spirit of your baptism, even when you are led into wild and hard places.
With repentance and trust, give yourselves to God,

and with fasting and prayer,

strengthen yourselves against the ways of the tempter.

And may God enfold you in tender and lasting love. May Christ be beside you in times of struggle. And may the Spirit guide you back to the path whenever you stray, that you may keep the covenant.

All: Amen.

Closing Hymn: CP 180 Giver of the Perfect Gift

(tune: Song 13)

Dismissal

Leader: Go in peace to love and serve the Lord.

All: Thanks be to God.

Postlude

Thank you to all who assisted with today's service.

In the Anglican-Lutheran-Moravian Cycle of Prayer, we pray for The Rt. Rev. Sandra Fyfe, Bishop, and the people and clergy of the Diocese of Nova Scotia and Prince Edward Island (Anglican); for the dean, council, and congregations of the Northern Area of the Eastern Synod (Lutheran); for the people and ministries of Christ Moravian Church in Calgary (Moravian).

THIS WEEK'S PARISH NEWS March 9th – March 16th (**New Items, *Revised Items)

Please stay for Coffee Time this Sunday after the 10 am service – Park on Synod Road for easy access via the side door of the hall. If you can help with the coffee set up in these first months of 2025, please let Barb Felsing know.

*Sacred Frontiers – A spiritual exploration/faith formation group for teens and their parents; adults considering baptism and/or confirmation; anyone who wants to be welcomed into St. Luke's from another denomination; anyone who would like to formally renew their baptismal commitment; anyone who has faith questions; anyone who wants to deepen their faith outside of Sunday morning. The group will meet weekly starting today Sunday, March 9th (the first Sunday in Lent) and will end on Pentecost Sunday, June 8th, with a celebration of baptism and reaffirmation and welcome. The group will meet in the church from 1:00 to 2:30 pm. See more information at the News page of St. Luke's website.

*This Month's Reflections, our Sunday service at dusk, is today, March 9th at 4:30 pm and will feature cellist, Elena Antontceva, originally from Russia. After graduating from the Far East Academy of Arts in Vladivostok, she worked at the Symphony Orchestra as both musician and soloist of the Philharmonic for 25 years in her home city. She had a chance to work as a professor at the University of Art in Vladivostok, teaching young students how to play cello professionally. She participated in international festivals in China, Japan and Korea. She moved to Canada three years ago and continues to perform here. The readings, prayers, and music of this special Reflection Time will calm your spirit and soothe your soul. The next Reflections services in 2025 are on May 11th and June 8th. There won't be a Reflections service in April. The services in May and June will be at 7:00 pm.

- **New Livestream Delivery Partner Since the beginning of February, we have been partnering with St. Paul, Nanaimo for our livestreaming because the Diocese is no longer hosting parish livestreams on their Vimeo licence. The only difference from the way we were previously livestreaming is the name and logo on the account. Currently the Vimeo channel itself shows as St. Paul's with the individual livestreams labeled as either St. Luke's or St. Paul's. The logo is their name and emblem next to ours. While the starting screen doesn't look the same as before, everything still works exactly as it did before and partnering this way saves us money!'
- **Shrove Tuesday Pancake Supper March 4th Update Thank you to everyone who worked in the kitchen to cook and serve the sausages and pancakes and helped with the setup and cleanup. It was good to be able to share this meal with our friends from Church of the Cross. Thanks as well to everyone who made donations at the Pancake Supper. We received \$273.50 in donations, which will be used to cover the cost of the food.
- **St. Luke's Players Present "Out of Sight...Out of Murder", written by Fred Carmichael and directed by Geoff Davidson. Peter Knight is grinding out a murder story in an old mansion where another author was murdered years before. A weird electrical storm causes a cosmic snafu, and his characters come to life. Evenings at 7:30 pm, Wednesday-Saturday, March 12-15, 20-22. Matinees at 2:00 pm, Saturday and Sunday, March 15, 16, 22, and 23. Tickets can be purchased from: Eventbrite; The Papery at 734 Fort St.; or at the door. They are \$18 each (plus their service fee if purchased through Eventbrite). See more information at the Events page of St. Luke's website.
- **Complimentary Tickets for "Out of Sight...Out of Murder"
 If you would like a pair of complimentary tickets for Friday,
 March 14th at 7:30 pm, please put your name and phone
 number in the basket at the back of the church. The winning
 tickets will be drawn after the Reflections service on Sunday

afternoon. The Players have given us 4 pairs of tickets to give away.

**Prescription Deadline – Friday, March 28th is the deadline for submissions for the Easter issue of St. Luke's Prescription. Please send along your articles, photos, poems, and other creative endeavours to Neil in St. Luke's Office (admin@ stlukecedarhill.ca) or to Barb Prescott (communications@ stlukecedarhill.ca).

**Partial Year Tax Receipts for 2025 – The government of Canada is allowing for charitable donations through February 28, 2025 to be counted for either 2024 or 2025. If you wish to have a partial year tax receipt issued to cover this period so it can be filed with your 2024 taxes, please contact Neil in the church office or send an e-mail to givings@ stlukecedarhill.ca. Otherwise, you will receive a receipt for all of 2025, early in 2026!

Save the Dates for this Year's Amazing Journey Day Camp – July 7th – 11th in the mornings, 9 am to noon. St. Luke's joins with Church of the Cross each summer for a week-long day camp hosted at one of the churches. This year's camp will be at St. Luke's. If you have children, grandchildren, or friends with children ages 4 through 11, please consider reserving this week for them to participate in the day camp. Children born January 1, 2014 to June 30, 2021 are eligible to be campers. We will also be looking for Middle School students to be Leaders in Training and High School students to be Small Group Leaders. Questions? Please talk to Tara Poilievre, Sharon Hallsor, or Barb Prescott.

St. Luke's Is On Instagram – Did you know that St. Luke's is now on Instagram? Thanks to Sahar Saeidbakhsh for setting up Instagram for us. You'll find the Instagram link in the top right corner of the home page of our website or at this link: https://www.instagram.com/saint_lukechurch/ Please follow St. Luke's on Instagram.

Karren Stinson Bursary for Lutherans and Anglicans based in Western Canada – Application Deadline: March 31st, 2025 – The Karren Stinson Bursary Fund celebrates the life of a parish worker at Lutheran Church of the Cross, the late Karren Louise Stinson. The purpose of this Bursary Fund is to give financial assistance to Lutherans and Anglicans based in Western Canada who are currently involved in post-secondary education leading to a vocation of service. We invite applications for this year's bursary of \$1000. To apply for the 2025 Karren Stinson Bursary, please visit the News page of St. Luke's website and carefully follow the instructions given. The Bursary is scheduled to be awarded in the late spring of 2025.

More "Speaking Anglican"

(From: https://bc.anglican.ca/being-anglican/people-of-islands-and-inlets/pages/terminology and https://bc.anglican.ca/being-anglican/people-of-islands-and-inlets/pages/worship)

Chalice – The cup from which the wine is shared during Holy Communion. The gospels refer to Jesus sharing a cup of wine with the Apostles, saying it was the covenant in his blood.

Lectern – A stand which holds the Bible and from which the lessons of the day are read.

Paten – The plate on which the bread rests during Holy Communion.

Symbols – Worship space is enhanced by the use of symbols (crosses, icons, candles) and is commonly anchored by two sacramental symbols of an altar (a table used for the Eucharist/communion) and a font (a bowl that is filled with water for baptisms).

Welcome To St. Luke Cedar Hill



Thank you for visiting today.
For more information about St. Luke's, visit St. Luke's website:
https://www.stlukesvictoria.ca,
send an e-mail:admin@stlukecedarhill.ca,
or phone: 250-477-6741.

We hope you will visit again!

Rector: The Reverend Daniel Fournier

E-mail: incumbent@stlukecedarhill.ca

For Pastoral Care Needs, please contact the office

Office Phone: 250-477-6741

Office E-mail: admin@stlukecedarhill.ca

Parish Administrator: Neil Patterson

Music Director: Susanne Reul-Zastre Rector's Warden: Heather Simpson

E-mail: hsimpson@stlukecedarhill.ca

People's Warden: Claire White

READINGS FOR NEXT SUNDAY March 16th, 2025

Genesis 15: 1-12, 17-18

Psalm 27

Philippians 3: 17-4: 1

Luke 13: 31-35

FLOWERS

Flowers at St. Luke's are coordinated by Ann Séguin.
There are no flowers during Lent.

Please contact Ann if you would like to make a donation towards flowers at the Easter services.