



St. Luke Cedar Hill

[www.stlukesvictoria.ca](http://www.stlukesvictoria.ca)

# The Prescription



# Summer 2022

**St. Luke's Rector:** The Reverend Daniel Fournier

**Editors:** Sharon McMillan and Barb Prescott

*(All unattributed pictures in this edition are from websites that offer free photos for non-commercial use.)*

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## Online Service Recordings

Throughout the summer, Sunday services will be recorded and posted on the St. Luke's website. Click on the View Sunday's Service Here Button on the home page <https://www.stlukesvictoria.ca/>

You can also go to the St. Luke's Facebook page to view recorded services.

<https://www.facebook.com/StLukeCedarHill>

## From the Editors

*Sharon McMillan and Barb Prescott*

Welcome to this Summer 2022 issue of *St. Luke's Prescription*. A special thanks to those who provided pictures and articles for this *Prescription*.

As we finish this issue, we start looking ahead to the next one. We are always happy to receive your contributions. We also appreciate feedback and suggestions as to what you would like to see included in *The Prescription*. The submission deadline for the Fall 2022 edition of *The Prescription* will be **Friday, September 16<sup>th</sup>**. Please keep sending us (Sharon and Barb) your articles, photos, poems, and other creative endeavours. Or send them to St. Luke's Church Office at [admin@stlukecedarhill.ca](mailto:admin@stlukecedarhill.ca) or to [prescription@stlukecedarhill.ca](mailto:prescription@stlukecedarhill.ca).

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## Why I Do What I Do

People sometimes ask me, "Why do you do what you do at St. Luke's?" I'm not always good at answering on my feet. I'm better at thinking things through and writing down my thoughts. So while weeding in the garden early one morning, I pondered this question.

I do what I do because I believe in what our church community of St. Luke Cedar Hill offers in reaching out to others and in showing examples of God's love and Jesus's words in action. I think we have an important role to provide hope in these uncertain times and to be an example of a community working together to be God's kingdom on earth.

I offer my talents and skills, and my financial gifts because I know that I am blessed in my life and I want to give back. I have more than I need in my life and have talents and gifts that can be used for projects and activities at St. Luke's and I enjoy putting them to use.

In return, I receive a lot of satisfaction from, and enjoy working with, others at St. Luke's to plan activities and special events. St. Luke's provides for me a sense of continuity, of deep roots in the community. After some soul searching in my teens and 20s, I came back to the Anglican Church. Many years later, I found a Church of England Prayer Book belonging to one of my great-grandmothers, who died in 1888. I hadn't realized how deep my Anglican roots were until I found her prayer book.

Reflecting on Daniel's sermon from a recent Sunday and the theme of sharing what we have and not hoarding our talents and resources, has made me also think of stewardship. Isn't that what stewardship is in essence – sharing our gifts – whether financial or otherwise? You will be hearing more about stewardship in the next couple of months. Please think of stewardship as sharing what we have, and being thankful for all we are blessed with. The sharing can be in terms of our individual talents and resources but also sharing St. Luke's resources and being open to sharing our space as Brenda describes in the *Words from the Wardens* on page 4.

Enjoy the rest of the summer and may you too have some time to ponder, "Why you do what you do" and what talents and gifts you could share.

Summer Blessings,  
Barb

# From the Rector's Desk – Summer 2022

*by the Rev. Daniel Fournier*



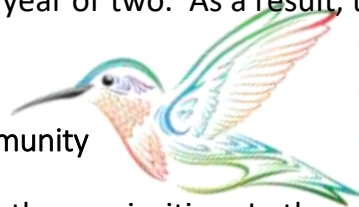
Photo by:  
Catherine Hyde

The mid-summer heat is causing me to reflect. Friends, usually when I write my annual report in January, it is in preparation for our AGM in February. However, I have felt the need to pause and reflect on events over the past 6 months in our church life. The reality is that so much has already taken place and other things are in preparation. So I thought I would try to write down some of these things, focusing on the mission and vision of our church, and tasks that are taking place.

As we ended 2021, we were coming out of another wave of COVID-19, specifically the Delta variant. At the same time, we were already hearing of a new variant, known as Omicron. During that time we had begun investigating the question, “What would our church, our buildings, and our parish look like, and be like, if we examined the concept of redevelopment?” Perhaps you could replace the words church, buildings, parish, with one word: property. We made an initial presentation about redevelopment in August 2021, which was followed up by a visit from our new Bishop at the end of October. The outcome of this visit was the invitation to explore more fully the vision and mission of St. Luke's.

In March and April of this year, we engaged the services of the Very Rev. Peter Elliott, who led Parish Council and other parish leaders in a day of exploration. We examined parish values and looked at building blocks for our vision and mission, with a specific focus on short-term, doable goals and priorities for our ministry over the next year or two. As a result, the following areas were highlighted:

- ❖ spiritual studies
- ❖ online presence
- ❖ buildings open to the community
- ❖ youth and families
- ❖ pastoral care
- ❖ vibrant worship



Working groups have begun to meet on these priorities. In the area of spiritual studies, there is a plan to hold a once-a-month study session in the church, open to the public, on a variety of topics including violence against women and vulnerable peoples, ethics and MAID (Medical Assistance in Dying), and the spirituality of Advent, as a beginning. Work continues on reaching out to the wider community via social media, our website, and especially our online presence with our services. There has been a concerted effort to look at the various gathering spaces in our buildings, with the goal of identifying rentable spaces for groups and individuals. The SORT Team (see more on page 4) has been hard at work inspecting all our nooks and crannies, cleaning, and purging as necessary. Our Administrator has been proactively working on improving access for potential renters.

Work is beginning in the area of youth and families, with the important goal of reconnecting with youth and families, re-establishing those relationships as well as seeking out initiatives for new connections. The area of pastoral care and the need for creative engagement within our community is paramount. The expansion of this ministry is critical as the need for pastoral care grows. Lastly, vibrant worship: what does this mean? We do have some ideas about this, including the space we worship in. As we do this work, we are asking the question, “What is our focus in liturgy?”

- The word proclaimed among us
- The sacrament celebrated in our midst

These questions are asked from the perspective of the environment that we worship in. How do we help to enhance our space to accommodate most fully these two important points of focus? Or to put it another way, when one walks into our church, what do they see? First and wonderfully they see our baptismal font, our place of beginnings. From there, where should we be led? It should be to the place where the word is proclaimed, ideally amongst the people. Then, that word leads us to action, which is the table of the Eucharist. These centres truly serve us best when they are appropriately placed. Is that the case where they are placed now? Our setting is quite traditional now, where the table and the lectern are separate and far removed from one another.

What other aspects of our worship enhance our celebration? Specifically, how does music fit in? On this question, how do we grow in our wider parish music ministry, drawing on both our beautiful, rich heritage and hymnody, yet at the same time celebrating word and sacrament in newer song?

We have done some good work in bringing new life and new words into our celebrations, yet how do we continue to grow in these expressions? Friends, there is indeed much work to engage in. What I am asking from you is your ideas, your creative input. I want to hear from you. E-mail me ([incumbent@stlukecedarhill.ca](mailto:incumbent@stlukecedarhill.ca)), phone me (250-477-6741), or visit me. Let's talk.

Your Rector,  
Daniel

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## St. Luke's Confirmation Service with Bishop Anna

On July 20, St. Luke's parish supported and celebrated five Confirmation candidates.

**Tara Poilievre**  
**Jesse Poilievre**

**Daniel Poilievre**  
**Genessa Poilievre**

**Robert Hallsor**

We were honoured to have Bishop Anna Greenwood-Lee as the celebrant and preacher at this wonderful event.

### Congratulations!



*Photo Credits: Sharon Hallsor*

# Words from the Wardens

## Sorting Out Who We Are

by Brenda Morgan



One Sunday night, in the early spring, I was at St. Luke's for Jazz Vespers. For some reason, I had to leave the building, and on walking back, I was struck by the stained-glass windows. They were lit from within, and I was seeing the glow of all those colours emanate out into the dark night. What a beautiful sight! To me it was a symbol of what our church should be – a light shining out into a dark night, a calming beacon.

At our Visioning Workshop, one of the items that clearly emerged was that most people wanted St. Luke's to have a presence in the community. We come back to the beacon idea. To have that presence, the community needs to be invited in. We must be involved in the community and the community has to become involved with us. It all has to do with the notion of sharing and being inviting.

Essentially, with this in mind, another initiative was started: a SORT Team. I wrote a Vision – Mission statement for the team, which was to do with organizing our rooms to free up space to be more efficient and flexible, and to be more community friendly. If we claim 'hospitality' on our list of values of who we are (which we did), then we must open the door and provide the space for our community guests. If as a corollary to all of this, we manage to make some revenue, all the better—a win, win situation. Though, this is not our main concern.

One of the impediments to all that I have listed above - being a beacon, having a community presence, providing hospitality - is that our facilities have become a repository of items that were at one time useful to us, but are no longer so. We have rooms full of stuff. 'Stuff' is holding us back from being what we could and should be. Items languishing in storage could be used by somebody else if we were willing to let go and share. Often, in our confusion about what we have, we buy new items when we in fact already have what we need. When we have so much that we don't know what we have or where to find it, then it is surely time to reassess. Hence, the SORT Team.



- S** is for **sort**, and that is really the most difficult thing to do because in amongst the detritus may also be the precious gem. Decisions must be made whether to keep the item or not.
- O** is for **organization**, because all items that are deemed 'keepers' must be organized into logical spaces where they can easily be found, using good storage practices.
- R** is for **reuse, recycle, repurpose, re-gift**. Staying environmentally friendly when disposing of something is important to our values.
- T** is for **toss**. These are for items that can no longer be used by anyone else; things that are moldy, rusty, broken, unsafe; items that no longer meet code.

Many items kept were thought of as assets, but are they still? Are they now liabilities? These are the questions the SORT Team asks before making decisions. There are many valuables, artifacts, and legacies that should be kept. We should preserve them properly, using good storage practices so they don't deteriorate. We need to keep a record what we archive. With a long history such as ours, let our storage space be used for the truly valuable and historical items.

The Wardens wish you all a happy and restful summer.

God bless.  
Brenda Morgan

### Work in progress in the church basement

*Photo credits: Sharon McMillan and Brenda Morgan*



## Pieced for Peace Update

*by Barb Prescott*

In the Easter Prescription, you read about Brenda's Pieced for Peace wall hanging creation. Thanks to the generosity of our parishioners and community members who entered the donation auction and donated to the Ukrainian Relief Fund, we were able to send a cheque for \$2000 to the Red Cross Ukraine Humanitarian Crisis Appeal.

The winner of the donation auction, the person who made the highest donation and entered her name for the Pieced for Peace wall hanging, was Vicki Sharp. She was presented with the wall hanging at the 10 am service on June 12<sup>th</sup>.

Thank you to everyone who made donations and to Brenda Morgan for this very creative way of raising funds for Ukrainian relief.



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## A Franciscan Blessing

*submitted by Barb Prescott, as sent to her by a friend*

May God bless us with discomfort  
At easy answers, half-truths,  
And superficial relationships  
So that we may live  
Deep within our hearts.

May God bless us with anger at injustice, oppression,  
And exploitation of people,  
So that we may work for justice, freedom, and peace.

May God bless us with tears  
To shed for those who suffer from pain, injustice, starvation, and war,  
So that we may reach out our hands  
To comfort them and to turn their pain into joy.

And may God bless us with enough foolishness to believe  
We can make a difference in the world,  
So that we can do  
What others claim cannot be done.

The companion piece is that if you accept the above you will then have:

**happiness**—because you will know that you have made life better for others;

**inner peace**—because you will have worked to secure an outer peace for others;

**laughter**—because your heart will be light;

**faithful friends**—because they will recognize your worth as a person.



# A Royal Garden Party

*by Carol Turnham*

On June 25, 2022, at 2:00 pm, a Royal Garden Party was held in the Turnhams' back garden at 3180 Norfolk Road. This event was held in celebration of Her Majesty the Queen's Platinum Jubilee. Sponsored by St. Luke's Church and Vintage Fashion Showcase (VFS), the Garden Party was a fundraiser to assist in Ukrainian relief, through UNICEF. Tickets were sold for \$15.00 to a full crowd of 110 guests. With other donations, hat sales, and extra door prize ticket sales, a profit of \$2,260 was raised, which will be matched by another donor.

It was a gloriously warm day and everyone seemed to have a wonderful time! Our thanks to all the hard-working women of St. Luke's, who wore black and white maid outfits, and looked charming as they prepared and served tea, coffee or lemonade and strawberry shortcake to all the guests, plus

models and other helpers, a total of about 130 people! Our sincere thanks to Sandra Lindberg and Brenda Morgan who coordinated the food service. A big thank you to Thrifty Foods for donating the delicious strawberries, and to Sandra Lindberg who donated the shortcakes.

The 27 tables were set with china cups and saucers on lace tablecloths and floral bouquets on each table. One of our VFS members, Lynda Witham, made souvenir medallions of the Queen for all to take home. At about 3:00 pm, we were visited by none other than the Queen herself and His Royal Highness, Prince Charles (AKA Lois Waters and Karen Nicholl). The Queen gave a short presentation about her family and how to properly do the royal wave. This was followed by an hour-long Royal Fashion Show, which emphasized royalty's influence on fashion through the decades, from Queen Victoria in her wedding dress to Queen Elizabeth II in her formal attire. The Queen also appeared in a variety of outfits, including the boiler suit she wore as a teenager during the war, and her Balmoral kilt and kerchief with her corgi. Other fashionable royals included Princess Alexandra, Queen Mary, Queen Elizabeth the Queen Mum, Princess Margaret, Princess Anne, Princess Diana, and Prince Charles. There were many surprises and giggles, but all in good fun.

Our thanks to Sharon McMillan who videotaped the fashion show for us, and to Veronica Campbell our MC, and to Arnie, her husband, our keyboard operator.

We will be sending a congratulatory card to Her Majesty, and many attendees had a chance to sign papers that will be included with it. Hopefully, we may get a response.

Thank you again to all who helped to make the event such a success.



*Photo credit: Sharon McMillan*



*Photo credits: Jim Nicholl (upper)  
and Sharon McMillan (lower)*

# Royal Fashion Show Photos



*Photo credits for two page collage: Pat Towne, Jim Nicholl, Barbara Morris, and Sharon McMillan*



## A Garden Party Thank You from Sandra Lindberg

Thank you so very much to all the members of St. Luke's Kitchen Crew. The following ladies went over and above the "call of duty"!!

Starting with Thursday, June 23<sup>rd</sup>, special thanks to Vicki Sharp for picking up the strawberries from Thrifty Foods Cloverdale. This wonderful store generously gave four flats of strawberries to our very worthy cause of helping the Ukrainian people. On Friday June 24<sup>th</sup>, Vicki Sharp, Heather Simpson, Adrienne Lamothe, Noreen Saville, and Brenda Morgan all started work at 10 am to clean and slice strawberries and whip up 10 litres of cream!! They finally finished at 3 pm!!!



On Saturday afternoon, the strawberries, cream and sponges were all assembled, and coffee and tea making began at 12:30 pm. The cleanup afterwards continued till 6:30 pm. All ladies waiting on tables were dressed in Victorian maid outfits. In the role of Victorian maids were Tara Poilievre, Samantha Poilievre, Heather Simpson, Adrienne Lamothe, Noreen Saville, Brenda Morgan, Brenda's friend Nancy Martens, Kathleen Patterson, and my (Sandra's) daughter, Stacey Famellos.

Working tirelessly in the kitchen was Vicki Sharp while Genessa Poilievre, in her European dress, handed out the door prizes.



Thank you to Sharon McMillan who helped us all going back and forth from the kitchen to the garden. Also thanks to Sharon for doing a wonderful job of producing a video of our very special afternoon event. Clean-up was all of the above ladies, plus Barb Felsing.

This amazing event would not have been possible without the hospitality of Carol and Harold Turnham. Their beautiful garden provided a lovely backdrop for the Vintage Fashion Showcase ladies group and their Royal Fashion Show, featuring fashions from Queen Victoria to Queen Elizabeth II.

Last but not least, we were pleased to hold this special event to celebrate our dear Queen Elizabeth's 70<sup>th</sup> Jubilee while, at the same time, raising funds for UNICEF for Ukrainian Relief.

I do hope I haven't overlooked anyone. If I have, please forgive me and know that you are all appreciated.



*Photo credit for the pictures on this page: Sharon McMillan*

# Amazing Journey Day Camp 2022

*by Barb Prescott, Sharon Hallsor, and Tara Poilievre*

This year's Amazing Journey Day Camp took place at St. George's, July 4<sup>th</sup> to 8<sup>th</sup>. Members of the Planning Team included Sharon Hallsor, Tara Poilievre, and Barb Prescott (St. Luke's); Janice Nelson and Char Holcroft (Church of the Cross); and Peter and Marion Parker (St. George's).

This was our 11<sup>th</sup> Amazing Journey Day Camp, as the first Day Camp was in 2012. We are now starting to reap some of the rewards of offering a camp for this longer timeframe. Almost all of the youth helping at the camp had been campers themselves at one time. Some had attended from the time they were four or five years old. It was very encouraging to see them coming back to the camp they had been a part of as children. Now, as full-grown teenagers, they enjoyed being able to help and take leadership roles. It was wonderful to see so many youth taking part in this year's Amazing Journey Day Camp.

We capped the registration at twenty-four campers this year due to COVID safety concerns. Twenty-two campers attended the camp. Several more had registered but were unable to attend due to illness or a change of plans.

Six campers had connections to St. Luke's through Sunday services, Fantastic Fridays, or our special services such as the Christingle Service and the Easter Afternoon Family Service; six said they found out about the camp because they had attended the camps previously and had received an e-mail from St. Luke's about this year's camp; two families (four campers) had seen the sign at St. Luke's and then looked online for more information; one camper noted St. George's as how they had heard of the camp; four campers had connections to Church of the Cross; and two campers had found out through friends.

Twelve adult volunteers helped throughout the week. Some were there every day; others came for one or several days. Six adult volunteers were from St. Luke's, three were from Church of the Cross, and three were from St. George's. Adult volunteers from St. Luke's included Daniel Fournier, Music Director; Tara Poilievre, Program Leader; Barb Prescott, Camp Administrator; and Sharon Hallsor, Program Director. Harry Felsing and Norma Duffner also helped at the camp. Eighteen youth attended including nine as Leaders in Training, six Small Group Leaders, and three Program Leaders/Assistants. Of these eighteen youth, nine were connected to St. Luke's through Sunday services and Fantastic Fridays.

The campers moved through a variety of activities based on the Wilderness Escape program starting with their table time and a gathering time featuring songs and actions. Half of the group then visited Moses' Tent, where they heard the stories of the Israelites crossing the Red Sea from Egypt, journeying through the wilderness, and finally receiving the Ten Commandments. After story time, the campers worked on making a walking stick for their journey, which they took home at the end of camp. The groups also went to Aaron's Tent for games and to Miriam's Tent for crafts and other hands-on activities such as making bannock and butter. On Friday, the final day of camp, the leaders put up the tents, and the groups moved to gathering in their tents. We had planned to put up the tents earlier in the week, but the weather hadn't cooperated. The campers thoroughly enjoyed this special tent time on the last day. We ended the camp by singing, Shalom Chaverim, "Peace, my friends, until we meet again." Hope to see everyone next year!!

# Day Camp 2022 Photos





## Amazing Journey Day Camp 2022



*Photo credits for the pictures in the two page collage: Pastor Lyndon Sayers, Tara Poilievre, and Barb Prescott*

# The Bonneau Family

by Bre Levere Bonneau

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**Editors' Note:** As a new feature in the Prescription, we are including a St. Luke's families' page. We look forward to reading about other St. Luke's families in upcoming issues.

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Adam and I have been busy with work, family, and a new business I launched last summer making custom gift baskets "Bonneau Gifts" using products from local vendors. My business has taken off with the help and support of other local professionals and it has been a great opportunity to set a positive example for the children. They love to help whenever they can and it's truly a family business. If you are curious about my business, the website is [www.bonneaugifts.com](http://www.bonneaugifts.com) and I am also on Facebook and Instagram.

Leora completed her first year of French immersion at Sir James Douglas and Shyla will begin her first year at Nature Preschool in the fall. Elona is walking, saying a few things, and enjoying the care of her big sisters, and is very mischievous! Our dog Gordo loves Elona and is protective of her. Elona also loves the water. She thinks she can swim, submerging herself constantly in the water and laughing with delight.



Earlier this year, we took a family trip to Mexico, which was our very first family vacation. Adam's sister got married there, invited us, and generously paid for our trip as a gift to us. The children loved playing in the water all day and the live music at night. They even made a new friend along the way (Zosia).

We hope to have a baptism for Elona this year as we weren't able to during COVID. It is something we always look forward to!

*Elona with friend Zosia  
in Mexico*

*Photo credit for the pictures on this page:  
Bre Bonneau and Sharon Hallsor*



*Shyla Bonneau, Shyla Short, and Leora Bonneau  
at the Amazing Journey Day Camp.*

*Bre commented that she met Shyla Short at a Fantastic Friday when she was pregnant with Shyla. She liked the name, remembered how good Shyla was with Leora, and came back to the name when she and Adam were deciding on a name for their daughter. One day when Shyla came to pick up her big sister, Leora, from the Amazing Journey Day Camp, Shyla Short met her namesake, Shyla Bonneau.*



# Reflections on Canada Day 2022

*by Ray Lett*

Canada Day celebrations over the past two years have been subdued because of the pandemic. So this year we decided to join the Canada Day events along the Gorge Waterway Park. Compared to 2019 when we were last at the Gorge, the Canada Day party seemed even more lively.

There was an impressive display of art, crafts and vintage cars including a Nash Metropolitan, popular in the 1950's as an economical alternative to the American "bigger is better" vehicles. I first saw a Nash Metropolitan in England where, rather surprisingly, it was owned by our Vicar, the Rev. Canon Ron Collins. He revived the Olney Pancake Race based on a medieval legend to encourage national interest in the town and to improve local morale in post war England. The race became an international competition between Olney, Buckinghamshire, UK and Liberal, Kansas, USA in 1950. (I believe that my mother ran in one of the first races). One result of the race was that the people of Liberal generously donated a Nash Metropolitan car to Ron and he could be seen driving it to pastoral visits around the town.



*Nash Metropolitan  
Free image from the internet*



*Photo credit: <https://www.tourismvictoria.com/>*

Other Gorge Canada Day events included First Nations dancing and drumming, a classical string quartet, a group of Morris Dancers and a dragon. Carried by one man, the dragon was very realistic and at intervals gave a low roar when the operator blew into a reed pipe. Needless to say the children were thrilled by the dragon's performance.

While watching the Morris Dancers we met an old friend, Jim, whose wife, Helga, was one of the dancers. We would frequently meet them waiting in the line for pre-pandemic Victoria Fringe performances. The dances were energetic and accompanied by a small orchestra playing concertina, violin and recorder. It transpired that Helga was not only a dancer, but has also helped create the colourful costumes worn by the dancers.

Clearly, the Gorge Canada Day enthusiastic celebrations this year are evidence of good progress along the pandemic's road to recovery.



*Morris Dancers  
Free image from the internet*

## A Platinum Jubilee Celebration

In celebration of the Platinum Jubilee of Her Majesty Queen Elizabeth II, marking her 70<sup>th</sup> anniversary on the throne, Member of Parliament Elizabeth May, hosted a commemoration event on June 4<sup>th</sup> at the Shoal Centre in Sidney.

During the commemoration event, two St. Luke's parishioners, Bruce Hallsor and Barb Prescott, were presented with Platinum Jubilee pins to thank them for their hard work and contributions to their community in the Saanich-Gulf Islands area.



*Photo credit: Alexa Lewis on behalf of the Office of MP Elizabeth May O.C., Saanich-Gulf Islands.*

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## Our Health Care Matters

*by Ray Lett*

I'm sure most would agree that there is a health care crisis in BC and throughout Canada. Hospital emergency rooms closing overnight or being understaffed; ambulance service delays and family physicians closing their practices are reported in the media almost daily. Following our doctor's retirement in 2020, we started searching for another GP and were fortunate to receive care from one Urgent and Primary Care Centre. However, we discovered that we were 200 meters outside of the clinic's three kilometer circular catchment area radius and, hence, could not be attached to a clinic physician.

Encouraged by an announcement that the nearby Luther Court Community Health Centre was opening, we assumed we should be well within the new clinic's catchment area. No such luck because the Luther Court Community Health Centre catchment boundary meandered along roads through Saanich and Gordon Head rather than following a circular path and, again, we still remain two hundred meters outside of their catchment area for physician attachment.

While this inconsistency in the health care administration is frustrating there is hope of a change through the efforts of a grass roots organization, BC Health Care Matters (<https://bchealthcarematters.com/>). I'm sure you have seen their lawn signs "Everyone Deserves a Doctor" and news of a recent BCHCM organized demonstration in front of the BC Parliament Buildings.



*A recent Health Care Matters rally at the BC Legislature*

I'd encourage everyone, even if you do have a GP, to support the BC Health Care Matters initiative because it is only by persistent advocacy from physicians, health care workers, and the public that the system will be restored to full health. Consider asking for a lawn sign and signing the BCHCM petition to the Health Minister.



# Three Charles Edward Stewarts and Their Families

by Louise Hammett and Barb Prescott

If you have wandered in St. Luke's cemetery, you may have noticed the Stewart Family grave in Row G, the row closest to Cedar Hill Road. In this family grave, you'll find three Charles Edward Stewarts! How confusing is that! Here is some information to help you sort out these three Charles Edward Stewarts and the other family members interred in this Stewart family grave.

The Stewart family parents/grandparents came from England to Victoria via Argentina and Manitoba. Theirs is one of the many interesting journeys taken by those now resting in St. Luke's cemetery.



*The Stewart Family Grave  
Row G, Plots 37 and 38*



*Charles Edward Stewart, Oct. 1862*

**Charles Edward Stewart (known as Charlie)** was born in 1845 in Croydon, England. He was the son of an Anglican minister. In the 1860s, he served in the Royal Navy and then moved to Argentina where he was a railroad engineer and sheep farmer. He married **Edith Rachel Arden (Edie)** in England in 1882 and she joined him in Argentina where they began a family. They returned to England in the early 1890s where Charlie attempted a poultry business in Bedford. He moved to Manitoba near MacGregor in 1895 and began farming. In 1918, Charlie and Edie visited Victoria where they decided to remain. Originally, they lived on Richmond Road (across from the "Normal School" - now Camosun College) but soon bought a house on McIvor Avenue where they lived until their deaths in 1931.

**Edith Rachel Arden (Edie)** was born in 1855 in Sheffield, Yorkshire, England.

After her marriage, she and her husband lived for ten years in Argentina, where five of their children were born. About Edie and Charlie's time in Argentina, her obituary notes, "Life in the Argentine in the country districts was crude and strenuous, with very little organized church life, but in spite of surroundings Mr. and Mrs. Stewart made their Christian influence felt." After leaving Argentina and returning to England, Edie came to Canada in 1896 with four of her children, a year after Charlie and their second oldest son left England for Canada. Two children were left in England and were raised there. The family settled in Katrime and then in MacGregor in Manitoba. Edie taught piano and played the organ at the church in MacGregor. She was made a life member of the Woman's Auxiliary of St. Paul's Church in MacGregor and was also president of the Sunday School for a number of years and honorary regent of Britannia Chapter, I.O.D.E. (International Daughters of the Empire). On arriving in Victoria in 1918, Mrs. Stewart was connected with St. John's Church, again working with the WA. After two years, the Stewarts transferred to St.



Luke's where she again became the WA President. Edie was the mother of seven children, five sons and two daughters. She lost, within four years, three of the four sons who went overseas in the Great War, and a married daughter. Mrs. Stewart's obituary notes, "Mrs. Stewart's life was an example of untiring fortitude and patience amid difficult conditions, notwithstanding which, she gave of her utmost in enthusiasm, interest, and care to God's work. She was a woman of culture with a delightful sense of humour and charm of manner, which endeared her to her many friends, who realize also her sterling character and its spiritual strength whereby alone she was enabled to 'Carry on.' "



**Charles Edward Stewart (Ned)** was born in 1886 in Mar del Plata, Argentina as a British subject. He and his family moved to Bedford, England in the early 1890s and in May 1896, Ned sailed to Canada and settled near MacGregor, Manitoba with his family. He was a jack-of-all-trades: joining the militia, farming, railroad worker, maintaining grain elevators, cowboy in Alberta, and building paddle wheelers up north. In 1914, he left the north and went to fight in WWI along with three of his four brothers. He was deafened by shellfire his first week on the front and eventually invalided back to Canada. He was the only son to survive the war. He met his wife **Evelyn May Maneely** in Manitoba and they married in 1918 in Victoria where he was working as a shipwright. They bought a house on Thistle Street and raised three children there. Ned

became a carpenter by trade and helped build many buildings around town. He did finishing work on the doors of Christ Church Cathedral, and on the Empress Hotel addition as well as St. Luke's Church. In the 1950s, he built a new house on Richmond Road and lived there until his death in 1966.

**Evelyn** was born in 1897 in Rat Portage (later renamed Kenora, Ontario). She, her husband, and their eldest son, Pax, had a small orchestra in Victoria named the "Stewart's Oldtimers". Evelyn played piano, Ned played fiddle and Pax played banjo, guitar and Jew's harp. Other (non-family) members played fiddle, guitar, and drums, and included a caller. They were well known around town and played at the old Crystal Garden as well as at Legions, clubs, weddings, and parties. Their New Year's Eve dances at the AOF hall on View Street were broadcast on the radio. They retired from dance playing in 1960. After Ned's death in 1966, Evelyn started playing piano at the Silver Threads Senior Centre twice weekly. She played dances there until 1983. Evelyn moved to the Fraser Tolmie Apartments a few years after her husband's death. She died in 1985.



**Ned and Evelyn's children** were born in Victoria and all attended school in the single room schoolhouse on Oak Hill, next to St. Luke's Church. Their children were Charles Edward Stewart (Pax), Ynes Helen Stewart, and Donald William Stewart (Bill). **Charles Edward Stewart (Pax)** was born July 19, 1919 on Peace Day, a celebration organised by Britain to celebrate the new peace after the Great War. Hence his nickname. He later attended Mount Doug (now Cedar Hill Middle School). He enlisted for WWII as a

bass drummer in the Canadian Scottish pipe band and was part of the D Day invasion. He married in 1940 to Rose Mae Muir before going overseas. They had three sons. In 1953, he received his teaching degree at UBC and remained in the Vancouver area as a high school math and science teacher. He divorced Rose Mae in 1961 and married Joan Nelson. He was a piper in several different pipe bands over the years and died in Port Moody in 1989.

**Ynes Helen Stewart (Helen or Honey)** was born in 1922. She married **David Mackereth** (a Victoria fireman) in 1951 and they lived on Richmond Road near her parents and younger brother. They had two daughters and later moved to Oak Bay once their children were grown. She died in 1999.



**Donald William Stewart (Bill)** was born in 1923. He enlisted, aged 16, as a side drummer with the Canadian Scottish pipe band. In England, he was transferred to the Edmonton Regiment and later, the Seaforth Highlanders and was part of the Italian campaign. He married Wilhelmina Petronella van der Tas in Amsterdam in 1945. After returning to Canada, he built a house next to his parents on Richmond Road and they had three children. He worked as a crane operator at HMC Dockyard. Wilhelmina died in 1958 and he married Muriel Dorothy Holligan (born in 1937 in Edinburgh, Scotland) in 1961.

They had one more child, **Kevin William Stewart**, who was born in Victoria in 1963. Bill rejoined the Canadian Scottish Pipe Band after the war and continued playing drum for many years. He died in 1995 and Muriel died in 1996. Their son, Kevin William Stewart, died in 2011.



*Thanks to Louise Hammett for providing the pictures and biographies included in this article. Additional information was added from Edie Stewart's obituary published in The Daily Colonist, Sunday July 5, 1931. Louise Hammett is the great-granddaughter of Charlie and Edie Stewart, the granddaughter of Ned and Evelyn Stewart, and the daughter of Bill and Wilhelmina Stewart. Louise commented that the name "Charles Edward" has been passed down to sons until the most recent generation. Two more Charles Edwards are still alive (another Ned and a Ted) following on the tradition of these three Charles Edward Stewarts resting in St. Luke's Cemetery.*

# Singing Hymns at Church

## Before and During the Pandemic – A Comparison

by *Susanne Reul-Zastre*

How much attention do you pay to the songs we sing during a service?

Vibrant worship excels with great music. The hymns and songs we sing as a congregation can shift us from “me” to “we” and uplift us in adoration and joy. At the same time, they can trigger sad or somber memories. What one parishioner considers “sing-able, upbeat and robust”, is “weird, not-my-type-of-music, complicated as I don’t read music, a funeral dirge” to another. In other words, we tend to forget that hymns – in both their affect and effect – are highly subjective and emotional to some individuals. To others, they can even be traumatic.

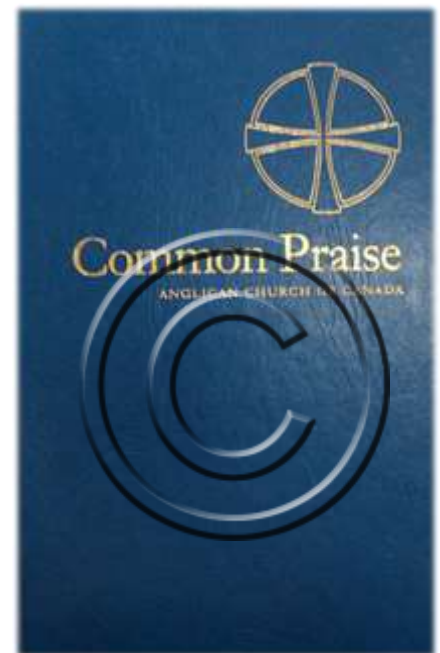
That said, here is the checklist of how to choose hymns for in-person services at St. Luke’s **before March 15, 2020**:

1. Choose a hymn book we own original hard copies of;
2. Find a hymn that worked with the lessons on a Sunday, Festival Day, event, or special occasion;
3. Check that the text was theologically sound with appropriate language;
4. Check that the tune and hymn arrangement were musically sound and appropriate;
5. Pick at what point in the service we used the hymn;
6. Schedule the hymn for that service or event.

Everything changed **on March 16, 2020**. In-person worship was no longer allowed and St. Luke’s decided to go virtual instead.

To that end, we first needed to obtain copyright permission – to reprint, podcast/livestream or record hymns and songs for our congregation that were not in Public Domain, that is, free to use in Canada. Then we had to purchase – and subsequently renew – an annual license offered by a reputable company; we chose One License. Moreover, we are required to display our registration number along with the disclaimer “All Rights Reserved” during every service or an event held at the church. (You can find this information on the front page of each service outline/bulletin as well as on St. Luke’s website.)

What does choosing hymns look like now, two years into a pandemic, for all livestreamed and/or recorded services at St. Luke’s?



*Free image from the internet*

Let’s assume steps 1-4 of the pre-pandemic “to do” list have been completed. If the text AND the tune AND the arrangement are all in Public Domain, it’s easy: we can proceed straight to steps 5 and 6, that is, “pick” and “schedule” the hymn. If either the text, tune, or arrangement are NOT in Public Domain, then things become complicated.

First, we need to check whether these three things are all covered by One License for a print copy, so they can be included in the bulletin. We also need to make sure that the text, tune, and arrangement are approved for livestreaming and recording. If the answer is NO even once, we cannot use that hymn. Only if the answer is YES to ALL THREE, can we schedule and sing the hymn, after which a

weekly report needs to be submitted to One License indicating for how many services that hymn was used and how (in print form, live-streamed, or recorded).

What if a favourite song that we have \*always\* used in the past is not covered (like CP 184, *My Song is Love Unknown*, traditionally chosen during Holy Week)?

Then we check the copyright information to see who it might belong to (the Estate of John Doe; a living composer or author; a music publishing company, etc.). Depending on what we find, a decision needs to be made whether it's worth the effort to contact them and kindly ask permission to be granted copyright. If we are told it's free, we rejoice; if it turns out it's not, then we investigate how much it costs to use it once (some also have an annual fee option).



Photo by CHUTTERSAP on Unsplash

To illustrate the ongoing impact the pandemic has had on hymn singing during worship, let's pretend for a minute that the hymnbook is like the Bible – we are allowed to read ANY part of it at any time during the service. Then the pandemic hits, and everything changes. Certain Bible translations are now no longer available due to copyright restrictions (e.g. the New King James Version), and St. Luke's can get sued in case of non-compliance. Worse, these authors can change their minds about which texts are off limits and which ones are not.

In other words, since March 16, 2020, we have had to be prepared for music publishers to add to, or withdraw, a song or hymn at any time from the copyrighted list. We must also remember that poets and composers are allowed to switch to another publisher and give them copyright. To top things off, the Public Domain requirement also applies to my organ and piano preludes and postludes, as well as music offered during communion and by guest musicians, such as the trumpet player at Easter and Pentecost. This means that my repertoire has grown to include more music than ever from the distant past. But I miss the fun contemporary repertoire I played over the almost twenty years that I have been the Music Director at St. Luke.

In closing, I have a request. Should a certain hymn tune or text not be up “your alley”, please remember that it might be exactly what the parishioner sitting next to you needs at that time to feel embraced by God's love.



## That's Life

The quickest way to find something lost around the house is to buy a replacement.

If you can smile when things go wrong, you probably have someone in mind to blame.

Whenever you think it would be good to go back to your youth, pause for a moment...think of Algebra.

The sole purpose of a child's middle name is so they can tell when they're really in trouble.



## Annual General Meeting

The Kitchen's 2022 Annual General Meeting on Zoom took place June 22. Along with reports from Chair Clarice Dillman, Treasurer Cathy Flikweert, and Program Director Kim Cummins, several important votes were on the agenda.

The AGM elected six board directors to two-year terms. Three are returning – Clarice Dillman, Linda Campbell, and Helen Marzolf – along with three new directors – Jason McMillan, Lisa Richardson, and Don Storch. Members also voted to approve updates to The Kitchen's by-laws. These reflected changes to the current BC Societies Act and will serve the programs, operations, and governance of the Society.

You can read about The Kitchen's 2021 operations, finances and committees in the Annual Report along with the many activities and accomplishments highlighted in our Program Director's report *Taking Stock*. Both documents can be found on the home page of The Kitchen's website (<https://shelbournecommunitykitchen.ca/>).



## The Cedar Hill Garden at St. Luke's

May saw the installation of new fencing with its visual barrier at The Kitchen's garden at St. Luke's. This replaced the temporary construction fencing originally installed last August. The new fencing gives a better look to the garden area, has an improved visual barrier integrated into the fence and, unlike the old temporary fencing, won't blow over in a windstorm.

## Some facts from the Taking Stock report

In 2021, The Kitchen:

- distributed over 17,000 kilograms of food with 41% of that total either grown or donated.
- grew over 8,000 lbs of food in the Omnivore Acres and Cedar Hill Gardens. This is more than all the food produced by The Kitchen's previous gardens since 2015!
- served 678 adults and 120 children through 2,059 grocery visits and 2,108 grocery vouchers.
- saw membership rise to 1,046 with 870 participants and 239 volunteers. Ninety-two participants also volunteer with The Kitchen.



## A Reminder...Your Support is Needed

**As Readers and Liturgical Assistants.** Please speak to Daniel or to Sean Tiernay or leave a message for them in the office if you are able to help in this way.

**To help to keep the grounds looking tidy and well cared for.** Contact the parish office if you can help with this very important aspect of maintaining our parish. Even helping with weeding a couple of times a year can be a big help!

**By donating to the Altar Guild Flower Fund.** Please write cheques to *St. Luke's Altar Guild*. If a receipt is required, please write the cheque to *St. Luke's Church* with a notation that the donation is for flowers. For more information, contact Ann Séguin at 250-477-0704 between 10 - noon or after 4 pm.

**By financially supporting St. Luke's.** While there are many ways to support St. Luke's such as through volunteer activities and through prayer, please consider if you can make an extra financial donation. You can support St. Luke's by going to the St. Luke's DONATE page at the website:

<https://www.stlukesvictoria.ca/welcome/donate>

**You can make a gift by:**

- **Cheque** (mail; dropped at the office; picked up; in your envelope in the Sunday collection plate)
- **E-Transfer** (e-transfers should be sent to the Church office e-mail: [admin@stlukecedarhill.ca](mailto:admin@stlukecedarhill.ca). When making a donation, please note in the message box of the e-transfer your envelope number (or e-mail or phone number if you don't have an envelope number) and any special instructions such as a donation for flowers, to the Cemetery, or to the Shelbourne Community Kitchen, etc.
- **Canada Helps** (credit card) at <https://www.canadahelps.org/en/dn/24305>
- **Electronic Collection Plate** (automatic debit). If you are viewing **The Prescription** online you can access the enrolment and change forms through the website at <https://www.stlukesvictoria.ca/pages/donate-by-electronic-collection-plate>



# Beach Word Search

Created by Tara Poilievre



- |           |           |         |         |          |
|-----------|-----------|---------|---------|----------|
| BARNACLES | FISH      | LOTION  | ROWBOAT | STICKS   |
| BLANKET   | INNERTUBE | OYSTERS | SAND    | SUN      |
| CANOEING  | JELLYFISH | PAIL    | SEAWEED | SWIMMING |
| CASTLE    | KELP      | PICNIC  | SHELLS  | TANNING  |
| CRABS     | LEAF      | ROCKS   | SHOVEL  | WHARF    |

Fill in the extra letters, in order, in the spaces below to answer to the question: What did Jesus say to Simon Peter and Andrew on the shore of Lake Galilee?

\_\_\_\_\_ , \_\_\_\_\_ “  
\_\_\_\_\_, \_\_\_\_\_  
\_\_\_\_\_.”

(Solution on last page.)

## Word Search Solution

### Sentence Answer


Jesus said to them, "Come with me, and I will teach you to catch men."  
(Matthew 4: 19)

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Love and kindness are never wasted.  
They always make a difference.  
They bless the one who receives them, and they bless you, the giver.

—BARBARA DE ANGELIS



Never doubt that a small group of thoughtful, committed citizens can change the world.  
Indeed, it is the only thing that ever has.

—MARGARET MEAD



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**Your Ad or Business Card could be here**

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**Contact Barb Prescott  
for rates**

[communications@stlukecedarhill.ca](mailto:communications@stlukecedarhill.ca)